

## Chapter 14: The Story of Food

Question 1:

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Look at the pictures given above. What kind of work are people doing in both the families?

**Answer:**

Venu's family	Rani's family
Venu's mother is cooking food, and her father is sweeping the floor by a broom.	Rani's mother is kneading the dough.
Venu's family sit together to eat food.	Rani is serving food to her father and brother.
Venu is riding on a bicycle, and her parents are busy reading the newspaper.	Rani is fetching water, her mother is carrying a stack of hay, and her father is sitting and reading the newspaper.

**Question 2:**

Is your family like any one of these families? If yes, like which one? How is your family like theirs?

**Answer:**

Yes, my family is somewhat similar to that of Venu's family. We also help each other by dividing most of the routine household works in my family. At dinner time, we all sit together and have our food. After finishing this work, I go out to play and my parents read their favourite books and newspapers or watch the TV.

*[Students should mention their experience based on the above lines.]*

**Question 3:**

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Do all the people in your family eat together? If not, why?

**Answer:**

Yes, we all eat dinner together. But father has his breakfast earlier than others as he has to leave for work.

*[Students should mention their experience based on the above lines.]*

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**Question 4:**

Who eats last in the family?

**Answer:**

We all have our food together, so no one eats last in the family. But my brother is a slow eater and finishes his meal last.

*[Students should mention their experience based on the above lines.]*

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**Question 5:**

Who does not help in cooking food in the family and why?

**Answer:**

My grandfather does not help cook food because he does not know how to cook and has never been inside a kitchen.

*[Students should mention their experience based on the above lines.]*

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**Question 6:**

In the table, some of the work done in the house has been mentioned. Find out who does them in your house and who does them in your friend's house. You can add some other work also to the list.

Household work	Who does the work	
	In your house	In your friend's house
Cooking food		
Buying things from the market		
Sweeping		
Cleaning the utensils		
Filling the water		

**Answer:**

Household work	Who Does the Work	
	In my house	In my Friend's house
Cooking food	Mother, father	Mother, grandmother
Buying things from the market	Father, mother, brother, me	Mother, father
Sweeping	Father, brother, me	Mother, father, friend's sister
Cleaning the utensils	Father, mother	Mother, friend's sister
Filling water	Father, mother	Friend's sister
Taking care of the garden	Grandfather, father	Grandfather, grandmother

*[Students should mention their experience based on the above lines.]*

**Question 7:**

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Who does more work?

In your house: \_\_\_\_\_.

In friend's house: \_\_\_\_\_.

**Answer:**

In my house, my mother and father do most of the work.

In my friend's house, his mother and sister do most of the work.

*[Students should mention their experience based on the above lines.]*

**Where does what we eat come from?**

**Question 1:**

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The names of some food items are given below. Add some more names to the list. Draw a green  around those items that we get from plants. Draw a red  around those items that we get from animals.

Honey	Turmeric	Fish	
Corn	Milk	Lemon	
Spinach	Potato	Ajwain	
Egg	Meat	Banana	
Tomato	Onion		

**Answer:**

Honey	Turmeric	Fish	Curd
Corn	Milk	Lemon	Paneer
Spinach	Potato	Ajwain	Mango
Egg	Meat	Banana	Butter
Tomato	Onion	Ginger	Pineapple

**Question 2:**

When you are sick, do you take any medicine which we get from plants? What do you take when you—

- get hurt \_\_\_\_\_.
- have stomach ache \_\_\_\_\_.
- have cough and cold \_\_\_\_\_.
- have toothache \_\_\_\_\_.

**Answer:**

Yes, my mother or grandmother gives me herbal medicines if I get sick.

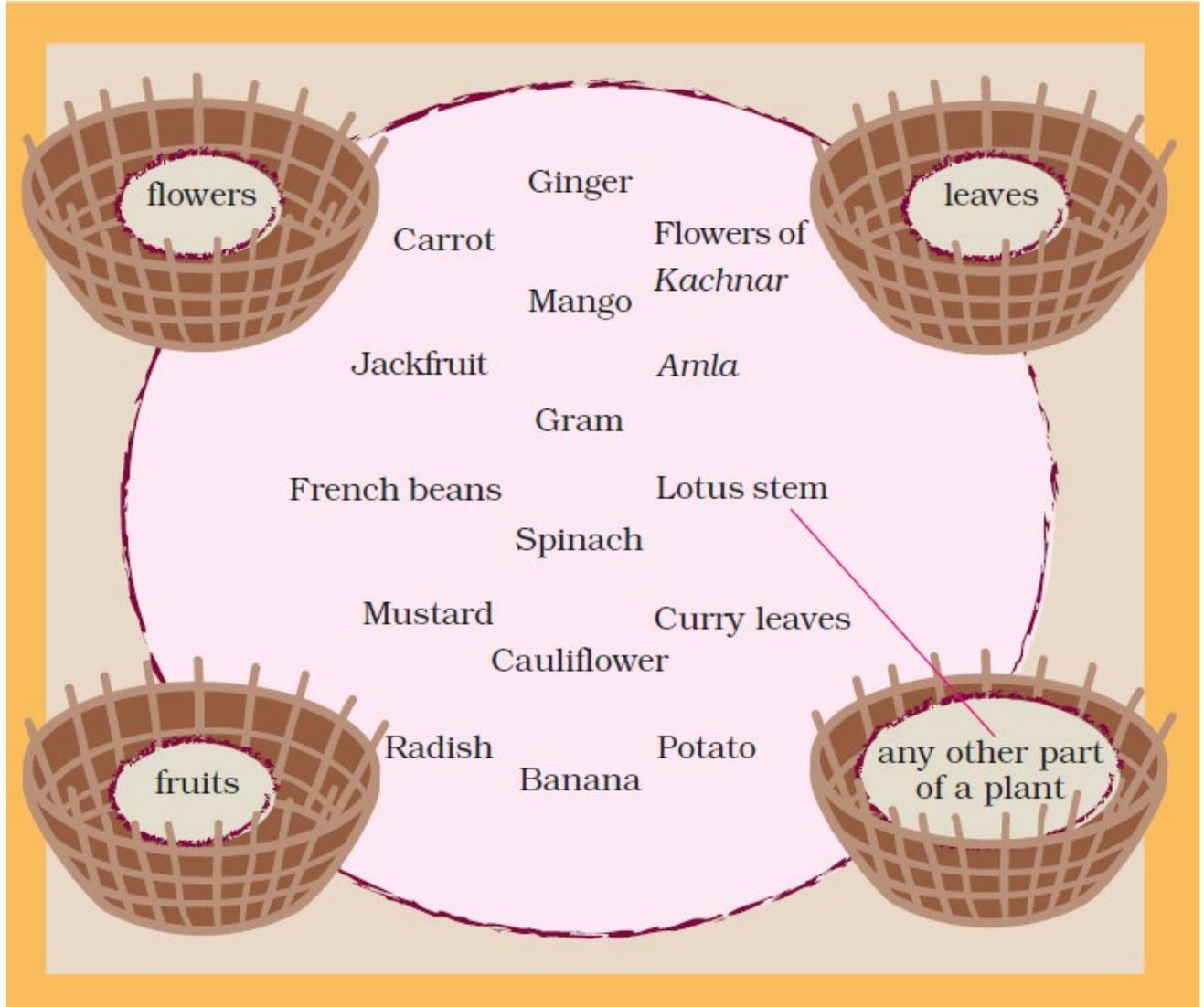
- If I get hurt, my mother applies turmeric or *Raktachandan* on it and gives me hot Turmeric milk to drink.
- If I have a stomach ache, I chew dried ginger or eat *Ajwain*.
- If I have a cold or cough, I have milk with turmeric or a *kadha* of ginger, honey, and lemon.
- If I have a toothache, then grandmother gives me a cotton blob soaked in clove oil to keep it on that tooth.

*[Students should mention their experience based on the above lines.]*

**Question 3:**

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Choose the correct basket for each item. Draw a line to match.



The diagram shows four baskets arranged in a square, connected by a pink oval border. The baskets are labeled as follows:

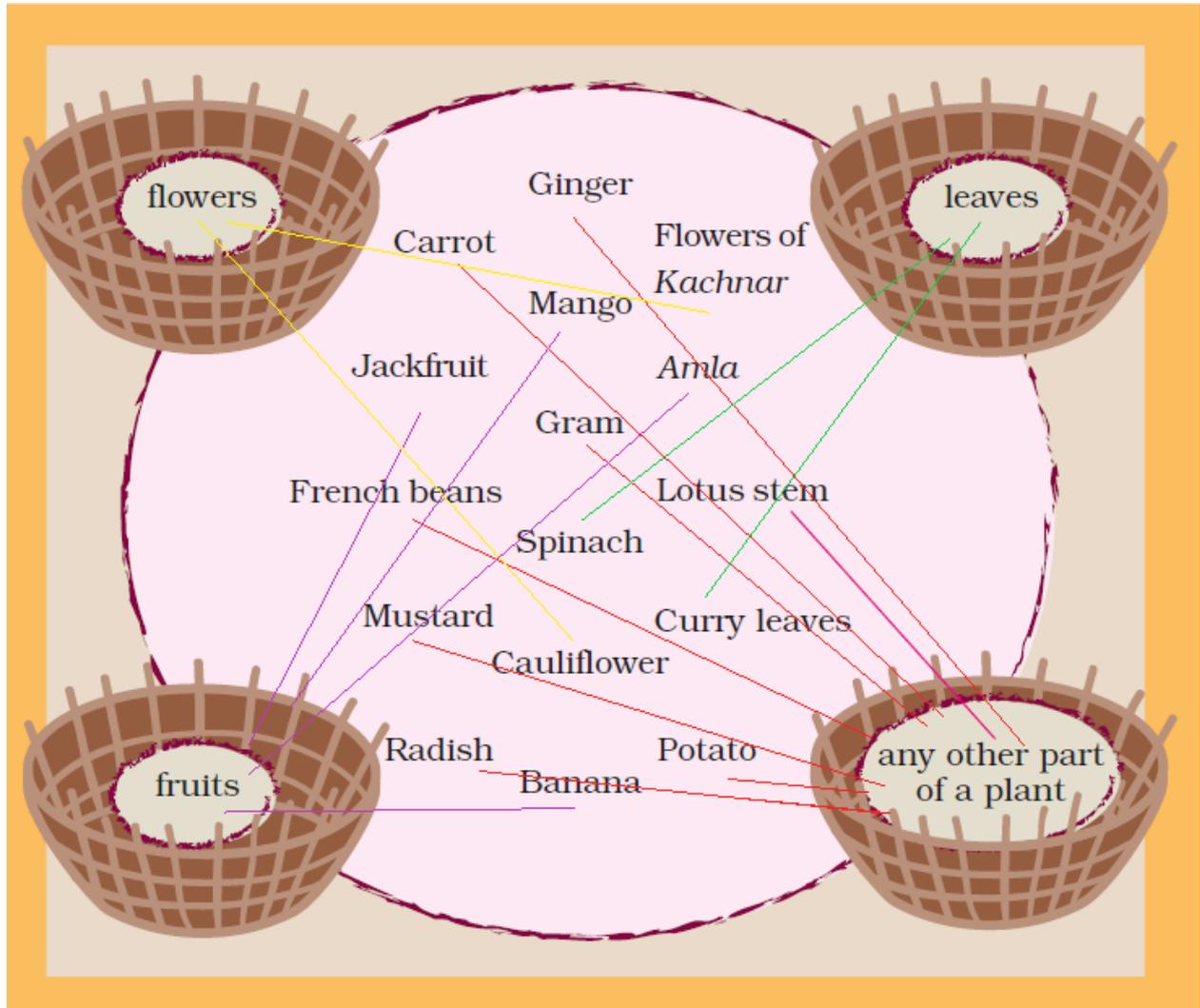
- Top-left basket: flowers
- Top-right basket: leaves
- Bottom-left basket: fruits
- Bottom-right basket: any other part of a plant

In the center, a list of items is provided for matching:

- Ginger
- Carrot
- Mango
- Jackfruit
- Gram
- French beans
- Spinach
- Mustard
- Cauliflower
- Radish
- Banana
- Potato
- Flowers of *Kachnar*
- Amla*
- Lotus stem
- Curry leaves

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Answer:



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